**An ABC of PROSTATE CANCER in 2015**

**Resource Listing – Appendix 4**

**Chapter 2. What is Prostate Cancer?**

**Booklet: “Living with bone metastases from prostate cancer”.** [http://www.prostate.org.au/articleLive/pages/All-Publications.html#Brochures](http://www.prostate.org.au/articleLive/pages/All-Publications.html%23Brochures).

**Chapter 3. How is Prostate Cancer detected?**

**The USPSTF full report.** <http://www.uspreventiveservicestaskforce.org/prostatecancerscreening/prostatefinalrs.htm>

**The USPSTF one page summary report.** <http://www.uspreventiveservicestaskforce.org/prostatecancerscreening/prostatecancerinfo.pdf>.

**The AUA new PSA testing guidelines.** <https://www.auanet.org/education/guidelines/prostate-cancer-detection.cfm>

**Interesting Questions and Answers on MiPS.** <http://www.mlabs.umich.edu/files/pdfs/MiPS_FAQ.pdf>

**More information on mpMRI and prostate cancer.** [http://www.cancernetwork.com/prostate-cancer/state-prostate-mri-2013/page/0/1#sthash.5i1qxGq6.dpuf](http://www.cancernetwork.com/prostate-cancer/state-prostate-mri-2013/page/0/1%23sthash.5i1qxGq6.dpuf).

**UCLA combines the use of an MRI with advanced Doppler ultrasound technology to produce a 3D “fusion” image. See video.** <http://urology.ucla.edu/body.cfm?id=455>.

**Details of the Tissue Harmonic technology with Colour Doppler TRUS practiced by Dr. Duke Bahn of the ProstateInstitute of America.** <http://pioa.org/about-prostate-cancer/accurate-staging/color-doppler-tissue-harmonic-ultrasound/>

**PCPTR2.0 Calculator**

<http://deb.uthscsa.edu/URORiskCalc/Pages/calcs.jsp>

**Sunnybrook Prostate Cancer Risk Calculator** <http://sunnybrook.ca/content/?page=occ-prostateriskca>.

**Chapter 5. Watchful Waiting or Active Surveillance**

**The US National Comprehensive Cancer Network has recently updated their Prostate Cancer Guidelines.** [http://www.nccn.org/patients/guidelines/prostate/index.html#1](http://www.nccn.org/patients/guidelines/prostate/index.html%231).

**PSA doubling time (PSADT) is a very important parameter in judging the degree of aggressiveness of the cancer.** <http://prostate-cancer.org/active-surveillance-for-favorable-risk-prostate-cancer-what-are-the-results-and-how-safe-is-it/>

**Chapter 6. Surgery**

**da Vinci Surgery Web Site** <http://www.davincisurgery.com/da-vinci-urology/conditions/prostate-cancer/da-vinci-prostatectomy/>

**The da Vinci Surgery web site compares patient outcomes for open, laparoscopic and da Vinci RALP surgery.** <http://www.davincisurgery.com/da-vinci-urology/treatment-comparison/da-vinci-vs-open-lap.php>

**Chapter 7.1 External Beam Radiation Therapy SpaceOAR® System – Spacing Organs At Risk.** [http://www.augmenix.com/products/spaceoar/.](http://www.augmenix.com/products/spaceoar/)

**Chapter 7.4 Proton Beam Therapy**

**A paper: “Proton beam therapy and localized prostate cancer: current status and controversies”.** <http://www.nature.com/bjc/journal/v108/n6/full/bjc2013100a.html>.

**Chapter 7.5 Low Dose Rate Brachytherapy (Seeds)**

**An excellent web site on LDR brachytherapy.** [http://www.cancerresearchuk.org/cancer-help/type/prostate-cancer/treatment/radiotherapy/internal-radiotherapy-for-prostate-cancer#quick](http://www.cancerresearchuk.org/cancer-help/type/prostate-cancer/treatment/radiotherapy/internal-radiotherapy-for-prostate-cancer%23quick)

**Chapter 8. Hyperthermia**

**Further details on non-local hyperthermia.** [http://en.wikipedia.org/wiki/Hyperthermia\_therapy#Mechanism](http://en.wikipedia.org/wiki/Hyperthermia_therapy%23Mechanism).

**Chapter 9. Cryosurgery**

**Best Practice Policy Statement on Cryosurgery for the Treatment of Localized Prostate Cancer.** <http://www.auanet.org/education/guidelines/cryosurgery.cfm>.

**Chapter 13. Chemotherapy and Immunotherapy**

**An excellent pictorial illustration of the path to successful immunotherapy discovery and treatment.** <www.cancerresearch.org/cancer-immunotherapy/what-is-cancer-immunotherapy>.

**When prostate cancer continues to grow treatment options become more limited.** [http://www.cancerresearch.org/prostate-cancer#sthash.IP5NLb41.dpuf.](http://www.cancerresearch.org/prostate-cancer%23sthash.IP5NLb41.dpuf.)

**Caris Life Sciences profiling service.** <www.carislifesciences.com>

**Chapter 14. Complementary and Alternative Therapies**

**Dr Charles “Snuffy” Myers Prostate Forum.** [http://www.prostateforum.com/overview.html](http://www.prostateforum.com/overview.html%20)

**“Promaxin Ultimate” is available from Medicines from Nature.** <http://www.medicinesfromnature.com.au/pmu.html>

**Ron Gellatley’s books.** [http://www.health-e-books.com/index.html](http://www.health-e-books.com/index.html%20)

**The American Cancer Society – A list of Herbs, Vitamins and Minerals under the Complementary and Alternative Medicine category.** <www.cancer.org/treatment/treatmentsandsideeffects/complementaryandalternativemedicine/herbsvitaminsandminerals/index>

**“The New Prostate Cancer Nutrition Book”. Dr Charles “Snuffy” Myers.** <http://www.prostateforum.com/nutrition-book.html.>

**The US National Cancer Institute’s comments on pomegranate juice.** <www.cancer.gov/cancertopics/pdq/cam/prostatesupplements/healthprofessional/page5.>

**Chapter 15. The Role of Support Groups**

**The “Informed Prostate Cancer Support Group” (IPCSG).** <http://www.ipcsg.org/>

**Us Too International** <www.ustoo.org>

**Chapter 22. How Do You Get to a Final Treatment Decision?**

**Dr John McHugh’s Decision Worksheet/Cheat Sheet.** <http://theprostatedecision.wordpress.com/mchugh-decision-worksheetcheatsheet/>